



## MONTHLY NEWSLETTER

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### VISION

**“A literate, healthy and self-reliant Community”**

### MISSION

**\*Identify and work with socially and economically backward people, especially girls and differently-abled;**

**\*Enhance people's skills, especially of the youth;**

**\*Promote community self-reliance through community participation.**

### ABOUT NIPUN

**“NIPUN” - a Hindi word, meaning 'one who is skilled' - is a Non Government Organization founded by a group of socially conscious development workers in 2005.**

**Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.**

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

### SUPPORT

**You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes.**



## GANDHI JAYANTI

**“Our greatest ability as humans is not to change the world, but to change ourselves.”**

**On the occasion of “Gandhi Jayanti “ children of NIPUN paid homage to Rastrapita Mahatma Gandhi across all the project locations.**

**During the 153rd birth anniversary Celebration of Gandhiji, staff of NIPUN shared “values of his inspiring life, peace, equality & communal harmony” with the children.**

**All the participants sang Gandhi’s bhajan “Raghupati Raghav Rajaram, Patitpatvan Sita Ram, Ishwar Allah Tere Nam, Sab ko Sammati De Bhagwan.**

**"स्वयं को जानने का सर्वश्रेष्ठ तरीका है स्वयं को औरों की सेवा में डुबो देना"**

**-महात्मा गाँधी**





## NIPUN - Teach Children about our Rich Cultural Heritage

Dussehra, also known as Vijay Dashami or "The Day of victory" was celebrated with spirit and joy, to educate the cultural values. The children of Pre-school, Non Formal & Remedial Education centers also performed Ramleela.

Children enacted various scenes of Ramayana on stage and showcased their acting, singing and dancing talent. Also they made effigy of Ravana, face mask of Hanuman, bow and arrow and swords.

They all learnt how Lord Rama achieved victory over evil i.e. Ravana. The objective of the program was to teach children about our rich cultural heritage.

Happy Vijay Dashmi!





### Health and Hygiene of Women

An awareness session was organized with the support of District Legal Service Authority, West District on "Importance of Health and Hygiene of Women" at NIPUN - Basti Pathshala, J.J. Cluster, West Delhi. Ms. Surbhi Singh, Resource person talked about proper hand wash, menstruation hygiene, Safe Drinking Water, healthy Diet etc.

During the session, 50 women energetically attended & clarified various myths & doubts through question & answer sessions.



### Gifting a Smile

A well-wisher of NIPUN donated school bags, pencils, sketch pens & sweets which were handed over to 16 children of construction workers who are enrolled at our Day Care Centers being run by NIPUN at the construction sites of ATS Dolce, Zeta -1 at Greater Noida.

NIPUN expresses gratitude to the donor for their valuable support for the upliftment of the underprivileged children

If you too wish to help NIPUN please write to us at [info.nipun@gmail.com](mailto:info.nipun@gmail.com).

### Global Hand Washing Day: "Unite for Universal Hand Hygiene"

On 15th October 2022, NIPUN observed Global Hand Washing Day across all its project locations located in various parts of Delhi / NCR and distributed IEC materials, soaps and demonstrated the steps of proper hand washing which was benefitted to a large number of children and women.





## International Day of the Girl Child: "Our time is now—our rights, our future"

International Day of the Girl Child is observed on October 11 every year. It was first observed in October 11, 2012 by the United Nations. This year commemorates the 10th anniversary of the International Day of the Girl. The day focuses attention on the need to address the challenges girls face and to promote girls' empowerment and the fulfillment of their rights.

"Girls around the world continue to face unprecedented challenges to their education, their physical and mental wellness, and the protections needed for a life without violence. Girls with disabilities face additional barriers to accessing support and services," the United Nations official website reads.

NIPUN - Empowering Girl Child project celebrated the day with adolescent girls & their mothers with enthusiasm at Meera Bagh & Bengali Basti slum communities on 11th October, 2022.

On the occasion, various activities like session on good touch & bad touch, nukkad meetings on **"Beti Bachao, Beti Padhao"**, colorful slogan writing & painting competition, etc. was conducted with the beneficiaries of Digital Literacy, Remedial & Non Formal units.

During the celebration, large number of girl beneficiaries & their mothers energetically participated & took the oath:-

**"Ham Betion Ko Bachayenge, Padayenge Auar Aage Bhee Badhaenge"**





## Karwa Chauth

Keeping in view the increasing demand of mehendi artists in the last few years, NIPUN-UMANG Vocational Training Unit is running a Beauty and Wellness Centre since 2018. Till date, we have trained more than 700 trainees. After successful completion of training, they have started their own earning as a part time and full time job. Some of them have also established their own setup of Beauty Salons and are earning a decent amount.

On the occasion of Karwa Chauth, 35 young entrepreneurs of NIPUN-UMANG units have earned a good amount of income by putting up multiple Mehendi stalls in the residential colonies and market.

## Street Play performance sensitized the Community

ASMITA Theatre is one of the leading Hindi theatre groups in the country, performed a Street Play on Empowering Girls & Women at NIPUN, West Delhi project location with the support of Delhi State Legal Service Authority, West District.

During the performance, theatre group members draw attention of the audience and addressed issues like the rights of women in the Indian Constitution, domestic violence, gender discrimination, gender equality, eve teasing & foeticide etc. A session on the above issues was taken by Adv. Sofia & Adv. Sumati Sharma to sensitize the audience.

Subhashni, a lady from the community and many others appreciated the efforts taken by NIPUN to make them aware about their rights.





## World Food Day 2022

The World Food Day 2022 theme is Leave NO ONE behind. World Food Day is celebrated every year on October 16. It marks the founding day of the Food and Agriculture Organisation (FAO). The day is observed to raise awareness about the importance of food and nutrition. It highlights millions of people worldwide who cannot afford a healthy diet and the need for regular access to nutritious food.



NIPUN is providing and ensuring services to the children (from birth to 12 years) of working parents (whose mother are working on domestic work, street vendors, rag pickers, home-based work, etc. for the whole day) and provides supplementary nutrition in the form of 3 meals a day as morning breakfast, mid day meals and afternoon refreshment. Special diet like eggs, bananas and cereal mixture, is provided to the undernourished children on daily basis.

## Awareness Program for Transgenders on "Protection of Rights Act, 2019

In this connection, South West District Legal Services Authority, Dwarka Court in collaboration with NIPUN organized an awareness session on the Protection of Rights Act, 2019 with transgender on 28th October 2022 at NIPUN – Target Intervention Project, Kapashera, South West District, Delhi.

Advocate Shri. Sushil Kumar sensitized the transgender people on the identity of transgender persons and prohibit discrimination in inter alia, the fields of education, employment, healthcare, holding or disposing of property, holding public or private office and access to and use of public services and benefits. Overall the session was very interactive and knowledgeable for the transgender people.



NIPUN is extremely grateful to the Secretary, Delhi Legal Services Authority-South West District for their regular support for the empowerment of the transgender community.

## Awareness on the Benefits of Labour Card Scheme

NIPUN in collaboration with Delhi State Legal Services Authority (DSLISA), West District, Delhi organized an awareness session on the benefits of the labour card scheme in Delhi. Advocate Sh. Jagdish, Legal Advisor, DSLISA disseminated information related to procedures of registration of labor card and its benefits like; eligibility criteria, required documents for registration, income certificate, residence proof, Aadhar card, voter ID card, ration card etc.

The resource persons provided the benefits of labour cards in detail for the registered workers, women, and construction workers of Delhi. During the sensitization program, a total of 50 migrant women laborers actively participated and clarified their doubts through question & answers sessions. NIPUN thanks Delhi State Legal Services Authority, West District for their regular support.



## Navrang Utsav – Developing Entrepreneurship Skills

“If you give a man a fish, you feed him for a day. If you teach a man to fish, you feed him for a lifetime.”

NIPUN celebrated its 5th Annual event Navrang Utsav on 15th October 2022 with the trainees of our Vocational Education Centres. The main objective of the programme was to celebrate entrepreneurship Skills with the young entrepreneurs who have successfully completed the trainings / courses in the field of Computer, Beauty and wellness and Self Employed Tailor from NIPUN and started career professionally in the same field by joining BPOs, Retails, Boutique Shops and Beauty Salons or have established their own units and earning respectable income. At the same time, the learners have also put up stalls and exhibited candles, diyas, clothes, etc and gain handful experience on how to make a profitable venture. On the day, trainees performed colourful cultural programme followed by the Ganesh Vandana.

Shri. Pradeep Kumar, Secretary-NIPUN congratulated all the entrepreneurs for their success and informed them about the various available schemes for Startups and MSMEs provided by Govt. of India and motivated them to put more efforts for brighter future. Certificate of Appreciation was awarded to all the young achievers.



# DIWALI CELEBRATIONS AT NIPUN



Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.



### NIPUN Celebrated Diwali with HRGs

NIPUN-Target Intervention Project, Batala, Gurdaspur unit celebrated Diwali with high risk group(HRGs). During the celebration, Ms. Amandeep Kaur, Project Manager sensitized the community and disseminated information on HIV/AIDS prevention. Ms. Daljeet Kaur, Counselor, welcomed all the participants and Project Manager handed over Diwali gifts to all the participants. Mr. Gajjan Singh, Ms. Meenu Bala, Ms. Asha and Mr. Harjit were present on the occasion.



### Tiny Tots Celebrated Festival of Lights 2022

Tiny tots of Day Care Centres, North District, Delhi celebrated festival of lights Diwali 2022.

NIPUN with the support of Mobile Creches is providing Day Care services to the children from birth to 6 years age group children for their all round development.

On the occasion of Diwali, children recited poems, rhymes and cultural activities.

Mothers of all children were also invited for rangoli making activities, and were made aware of malnourishment among children and precautions.

Before ending the program, Day Care workers distributed sweets to all the enrolled children.

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